HEALTH & SAFETY QUICK QUIZ ANSWERS

What reasons exist for managing health & safety? (Tick all that apply):

- Legal
- Economic
- Moral
- Customer requirement

A hazard is:

- Something with the potential to cause harm
- Something to fall over
- Something in the wrong place
- A problem that has no solution

Risk is:

- Not knowing what is around the corner
- Something you are not sure about
- A problem that is going to upset you
- Likelihood that harm from a hazard may be realised

The most effective way to control risk is:

- Personal Protective Equipment
- Elimination
- Discipline
- Controls

Which of the following is not a major injury according to RIDDOR?

- A fracture to the finger
- An amputation
- Loss of consciousness caused by exposure to a harmful substance
- Injury resulting from electric shock
Reasons for investigating accidents (Tick all that apply):

- To learn from mistakes
- To show employees that you care
- To satisfy legal requirements under RIDDOR
- For insurance purposes

What ‘4Cs’ are critical in developing a positive safety culture?

- Cool, Calm, Collected and Confident
- Competence, Control, Cooperation and Communication
- Charismatic, Capable, Confident and Communication
- Charm, Charisma, Confidence and Control

What components are necessary for a fire to exist (Tick all that apply)?

- Heat
- Fuel
- Space
- Oxygen

Most manual handling injuries are:

- Sprains & strains
- Fractures
- Contusions
- Lacerations

Noise is:

- Loud sounds
- Prolonged sounds
- Unwanted sound
- Concorde going overhead

What is the most common route of entry to the body for substances that cause industrial poisoning?

- Injection
- Absorption
- Ingestion
- Inhalation
What does this CHIP symbol mean?

- [ ] Flammable, extremely flammable and highly flammable
- [ ] Explosive
- [x] Very Toxic, toxic, carcinogenic, mutagenic and toxic for reproduction
- [ ] Harmful, irritant and sensitising

Inspectors have a number of options for dealing with breaches of legislation and unsafe situations. Which of the following are formal methods? (Tick all that apply)

- [x] Improvement Notice
- [ ] Letter
- [x] Prohibition Notice
- [x] Deferred Prohibition Notice

What is the maximum time period between completing formal examinations on Local Exhaust Ventilation systems?

- [ ] 6 months
- [ ] 12 months
- [x] 14 months
- [ ] 18 months

Which type of accident accounts for the single biggest cause of workplace death?

- [x] Falls from height
- [ ] Electric shock
- [ ] Poisoning
- [ ] Being hit by a moving vehicle

Which of the following factors should be considered for the safe operation of a fork lift truck? (Tick all that apply)

- [x] Driver competence
- [x] Routes for vehicles and pedestrian traffic
- [x] Load stability
- [x] Maintenance
List in order the best means of protecting workers using machines.

1. Fixed enclosing guards
2. Other guards
3. Protection appliances, push stick holding devices
4. Information, training and supervision

When should an employee be trained?

- ✔ When they join the company
- ✔ When they change jobs
- ✔ When they get promoted
- ✔ At regular intervals during their work life

Which workers are designated as special risk?

- ✔ Pregnant ladies
- ✔ Young persons
- ✔ Lone workers
- ☐ Managing Directors

Who is responsible for health and safety?

- ☐ The boss
- ☐ The workers
- ☐ The health and safety executive
- ✔ Everyone

Risk assessments must be recorded when more than how many employees work for a company?

- ☐ 1
- ✔ 5
- ☐ 12
- ☐ 20