

**Press Release  
For Immediate Release**

**A Prickly Business for Environmental Consultants**

**Penarth, 12<sup>th</sup> July 2010** – The whole team from Penarth Management mucked in at Newport Wetlands National Nature Reserve in the spirit of raising environmental awareness through practical conservation on a warm July day.

Penarth Management's dedication to the environment made swapping consultancy and office work for a day in the fresh air at Newport Wetlands the perfect focus for a Team Event.

The day began with an introductory session from Steve Jones, volunteer head handyman with RSPB Cymru at the Environmental Education and Visitor Centre, who said: "It's great to see groups like this coming to the reserve and helping us with some of the work here. The team building days are a great way for people to learn new skills such as delegation and leadership, whilst at the same time working more efficiently."

The team soon donned thick gardening gloves, ready to tackle the demanding weeds.

Newport Wetlands – is owned and managed by the Countryside Council for Wales, whilst the centre is managed by the RSPB – and relies on help from staff and key volunteers to sustain an environment in which birds and other wildlife can thrive. The centre is a hot spot for educating children and adults about our natural environment, in order to instil good practice and awareness. Penarth's Team Event showed that there is always something to learn, and gain, from working in conservation.

Aches and pains from a morning of pulling, raking and docking thistles were overlooked when the team finally sat back on the centre's picnic tables and surveyed their handy work over a well deserved al fresco lunch. "To see the result of our hard work gives me a real sense of achievement" said Penarth's Office Manager, Judi Starling whilst Managing Director, Jodie Read, expressed pride in her team for showing such dedication and enthusiasm for the task.

Adrienne Jones from RSPB Cymru said: 'The thistle clearing done by the group on the reserve will allow wild flowers to grow; this will increase the diversity of the habitats on the reserve and attract different insects and birds as a result.'

### **About Penarth Management**

Penarth Management specialises in compliance consultancy and training for Quality, Environmental and Health and Safety management. Specifically, Penarth Management helps other businesses to implement and maintain management systems to recognised standards (e.g. ISO9001:2008, ISO14001:2004, OHSAS18001:2007) and deliver accredited training courses.

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