

# Penarth Management

## World Environment Day 2007 Newsletter

Our 31st year of successful consultancy

*Penarth Management is registered to ISO9001:2000, ISO14001:2004 and OHSAS18001:1999*

We currently assist clients with:

- ISO 9001:2000 Quality Assurance
- TickIT
- TS16949 for the automotive industry
- ISO 13485 for medical devices
- ISO 14001:2004 Environmental Management
- BS 8555, phased ISO14001
- ISO 27001:2005 Security
- OHSAS 18001:1999 Occupational Health & Safety
- The Chemical Industry's Responsible Care Programme
- Highways Agency Sector Schemes 12A + 12B + 12C + 16
- Product Certification for glazing – BS7412 and BS7950
- CE Marking
- Interpretation of and compliance with EU Directives
- HACCP Food Safety
- ISO 22000 Food Safety
- BRC Food Safety
- BS25999-1:2006 Business Continuity Management

### *Welcome to World Environment Day 2007*



*Managing Director  
Jodie Read*

Melting ice caps might seem remote to us in Penarth, but news stories have already warned of severe floods and rising tides in and around Wales this year. This could be the early stage of climate change.

Having moved to new premises Penarth Management were keen to operate a 'green' office from the outset in order to demonstrate our commitment to minimising the impact of our activities on the environment.

We decided to host an Open Day to coincide with World Environment Day on 5<sup>th</sup> June 2007, to show how we have managed to "reduce, reuse and recycle" and as Jodie Read, our Managing Director states 'to convey how a business of any size can do something simple and inexpensive to reduce its environmental impact and become active agents of sustainable development'.

During our Open Day interested companies and school children were able to tour our green office to get some idea of what they could do to help the environment.

We also held an art competition for local schoolchildren to create something that relates to the environment which was exhibited and judged, and we gave presentations about World Environment Day and ways to become more environmentally friendly. Visitors were also able to discuss specific environmental issues with our consultants.

### *What is World Environment Day?*

World Environment Day has been running since 1972 and is held on 5th June every year. It is a United Nations celebration and every year the day has a theme, which for 2007 is 'Melting Ice - a Hot Topic?'. The focus is on the effects that climate change is having on polar ecosystems and communities. Norway is hosting the main event where Heads of State and Prime Ministers deliver statements and commit themselves to care for the earth. People celebrate



the day all over the world through street rallies, bicycle parades, green concerts, essay and poster competitions in schools, tree planting, recycling and clean-up campaigns to name just a few. Penarth's 'Green Office' Open Day is our contribution.

The Environment Agency is challenging everyone to ask themselves:

- What's the number one thing you are doing to help tackle climate change?
- What one extra thing could you do to help tackle climate change?
- What's stopping you?

If you can answer these questions, why not share your thoughts with the Environment Agency via their special website: [www.mendoftheworld.org](http://www.mendoftheworld.org).

# Environment in the Office

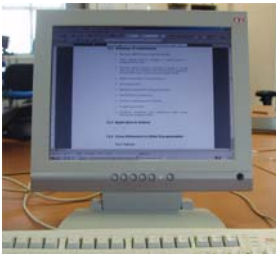
Setting up a new office allowed us to have a clean sheet, an opportunity to judge our decisions and practices against the yardsticks of sustainability and good environmental practice. Some of the results are described on this page.



Existing filing cabinets were refurbished.



The office furniture, desks, and boardroom table are in excellent condition, but all are second-hand.



We have flat computer screens which use less energy than the traditional, bulky CRT monitors. When not in use, the monitors are set to power down (which is a feature that we've also enabled with our photocopier).



Paper copies are printed double-sided. File copies are printed A5, i.e. 4 pages to one sheet of A4. All the paper comes from sustainably managed forests.



Plants in the work environment improve the visual ambience making for a calm atmosphere, and release oxygen. Plants are thought to help overcome 'sick building syndrome'. These plants are grown



hydroponically, i.e. in water and nutrients. No compost is used, so our plants are not contributing to the depletion of peat bogs..



Waste materials are recycled whenever possible. Blank sides of paper are used for printing draft documents, and for example, waste paper is shredded for composting or animal bedding. Printer toners are also recycled.

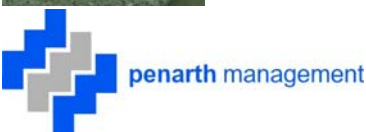


In the kitchen we use an eco-kettle and have an 'A' rated fridge, both of which help to minimise energy consumption. We also use environmentally friendly washing up liquid and supply organic tea, coffee and biscuits.



The new office is within 400 metres of Penarth Station, with a regular service to Cardiff and the Valleys.....

..... and is near enough for consultants to "get on their bikes" and cycle to work.



Unit 5 Stangate House, Stanwell Road,  
PENARTH CF64 2AA

Phone: +44 (0)29 2070 3328 Fax: +44 (0)29 2070 0013  
E-mail: info@penarth.co.uk www.penarth.co.uk

