



Our 32nd year of successful consultancy

Penarth Management is registered to ISO9001:2000, ISO14001:2004 and OHSAS18001:2007

We currently assist clients with:

- ISO 9001:2000 Quality Assurance
- TickIT
- TS16949 for the automotive industry
- ISO 13485 for medical devices
- ISO 14001:2004 Environmental Management
- BS 8555, phased ISO14001
- BS OHSAS 18001:2007 Occupational Health & Safety
- ISO 27001:2005 Security
- SIA Approved Contractor Scheme
- BS 7499:2007 Static Site Guarding
- BS 5839 Fire Detection and Fire Alarm Systems
- The Chemical Industry's Responsible Care Programme
- Highways Agency Sector Schemes 12A /12B + 12C + 16
- Product Certification for glazing – BS7412 and BS7950
- CE Marking
- Interpretation of and compliance with EU Directives
- HACCP Food Safety
- ISO 22000 Food Safety
- BRC Food Safety
- SA8000 Social Accountability
- Business Continuity
- FSC and PEFC Chain of Custody
- Asbestos Surveys

FSC and PEFC Standards Success



Nick Howley of A McLay operating a 6-colour printing press

A McLay & Company Limited is based in Cardiff and specialises in the delivery of total printing solutions.

Richard Kyte, Manufacturing Manager, recognised that “the print industry is not regarded as being an environmentally friendly business”. This, combined with increased customer demand for green credentials, resulted in the company implementing a series of environmental initiatives.

Penarth Management was engaged to assist with the implementation of an Environmental Management System to meet the requirements of ISO14001:2004 (which was assessed by URS in April 2008). Following on from that success, the company asked for our guidance in

their next green campaign, which was to implement the Forest Stewardship Council (FSC) and Programme for the Endorsement of Forest Certification (PEFC) Chain of Custody system.



Richard Kyte of A McLay and Jess Robinson of Penarth Management with the FSC and PEFC certificates



“Promoting sustainable forest management”

We worked with A McLay to fully integrate the Chain of Custody with their existing Environmental Management System.

The company was assessed by SGS in August 2008, and were once again successful!

Risk Assessment Training

Every October the European Health and Safety organisation promotes a particular health and safety topic. The most recent theme is that of ‘Risk Assessment’.

It is a legal requirement to carry out risk assessments and to protect people ‘as far as reasonably practicable’, yet we still find that people are unsure of what to do.

We have therefore developed a **risk assessment training course** that will provide simple, practical guidance on the requirements to meet legal obligations as well as providing an opportunity to complete worked examples of risk assessments and method statements.

The one-day course adopts the HSE’s principles of the five steps to risk assessment and will take place in Penarth monthly throughout 2009 at a



cost of just £250 + VAT per delegate. If you have four or more people requiring this training it may be more cost effective to deliver the course in-house.

Contact Judi Starling on 029 2070 3328 or e-mail judi@penarth.co.uk to request a booking form or for more details.

Congratulations to our clients

In addition to the companies mentioned elsewhere, since our last Newsletter, we have assisted the following clients to achieve success:

PB Traffic Safety Ltd operates throughout the UK providing traffic safety officers and maintenance of traffic management schemes for major construction companies. They were successfully assessed to ISO9001:2000 in May 2008.

Freeflow Traffic Ltd is based in New Tredegar. They plan and lay out lane closures for the Highways Agency and Local Authorities. They were successfully assessed to ISO9001:2000 in May 2008.

Munns Group are specialist electrical and mechanical contractors based in Enfield and operate throughout Central London. They were successfully assessed to the Maintenance of Fire Detection and Alarm Systems to BS5839 and BAFA SP203 by NSI (National Security Inspectorate) in June 2008.

Woodhouse, based in Finchley, London, provides a comprehensive service to plan, create, furnish and support the office environment for

clients. They successfully added accredited certification to ISO4001:2004 and OHSAS18001:1999 to their existing ISO9001:2000 system in June 2008.

West Ferry Printers, based in London Docklands, employs 510 staff and prints newspapers. Titles include the Telegraph and Express. The company was successfully assessed to ISO14001:2004 and OHSAS18001:2007 in June 2008.

The Newspaper Education Trust is a registered charity (No 1069862) and specialises in giving young people a practical insight into journalism and media. The organisation (which was established in 1995 and has inspired people to take up employment within both the journalism and print industries) was successfully assessed to ISO 14001:2004 and OHSAS 18001: 2007 in June 2008.

London Registrars Ltd provides professional company secretarial and a wide range of business services. They were successfully assessed to ISO9001:2000 in July 2008.

Access Systems is based in Hoddesdon, Hertfordshire, and

specialise in the supply of access equipment and access solutions for corporate clients. They were successfully assessed to ISO9001:2000 in November 2008.

Armultra Ltd has been established in Great Yarmouth since 1985. The company was initially formed to manufacture freezers, pressure vessels and refrigeration packages for the offshore industry. The range of services provided rapidly expanded to include petrochemical fabrication works, factory maintenance, industry gas and machinery overhaul. They successfully achieved UKAS accreditation to ISO9001:2000, ISO14001:2004 and OHSAS18001: 2007 in November 2008.

McFarlane Telfer Limited specialises in the design, supply and installation of commercial kitchen equipment for customers in London and the South East of England. The company successfully added accredited certification to ISO 14001:2004 and OHSAS18001:2007 to their ISO9001:2000 Quality Management System in November 2008. They also became the first of our clients to be assessed to the Social Accountability Standard, SA8000:2001.

Integrated Management Systems

First came BS5750, the quality assurance Standard. As the forerunner of everything that has happened since, the successive issues of this Standard grew like topsy to incorporate new material until it was properly comprehensive. BS5750 was the inspiration for ISO9001.

Then came BS7750, the environmental management Standard, which was the inspiration for ISO14001. This was modelled on ISO9001 but got the structure right. The next revision of ISO9001 adopted the new structure, thus setting the scene for aligning the two management systems and merging them into an integrated system. This saved duplicated effort (and paperwork).

The ISO9001/14001 model has proved to be robust. Other aspects

of managing a business can use the same model. So we now find organisations with a single management system including any of the following activities: ISO9001 quality and its various derivatives e.g. ISO13485 (medical devices), TS16949 (automotive), ISO14001 (environment), OHSAS18001 (health & safety), ISO27001 (information security), TickIt (computer software), ISO22000 (food safety), BS25999 (business continuity), etc.

Whereas companies who used Penarth Management for assessment to the earlier Standards have since asked to have the later Standards added into their management systems so creating an integrated system, now we find that new clients decide which out of the menu of available Standards are right for their business and a

comprehensive integrated system is set up from the outset. This leads to much neater systems which are easier to use and maintain.

The list of congratulations above shows examples, both of companies who have added new Standards to an existing management system, and others who have gone for an integrated system from the beginning.

One company currently working towards an integrated ISO13485, ISO14001 and OHSAS18001 management system of their own is **Rescue Recovery** of Exeter. The company specialises in the supply of defibrillators to corporate clients who want to be able to provide immediate lifesaving response systems for the benefit of their staff and members of the public.

New Arrivals



*Paul
Good*

Paul has joined our consultancy team after a career as a Quality Manager in the electronics industry.

Outside of work, Paul is a keen swimmer and enjoys gardening, DIY, vintage vehicles, real ales, the theatre, cats and chocolate.



*Karen
McDonald*

Originally from Rotherham, Karen now lives in Oxfordshire. With a background in engineering she has held Quality, Safety and Environmental roles in telecoms and more recently traffic management before becoming our newest consultant.



*Jenny
Starling*

We now have two Starlings on the Penarth team with Judi and Jenny!

Jenny worked for Penarth Management before leaving for University and has come "back to the fold" after her studies to help with office administration.

Farewell to our Founders



*Naunton playing the organ in
Hereford Cathedral*

Many of you will remember **Naunton Liles** who founded the firm and s e e m e d ubiquitous for many years.

When Jodie Read, our new Managing Director, took over the business in November 2006, Naunton remained with us until May 2008 to make sure we were keeping up the good work!

So what does he do now? Or better still, what were his hobbies and interest outside Penarth Management during his career?

As far back as 1977 he once drove a juggernaut to Teheran and back. This led to a consultancy job in the repatriation of abandoned trailers from Turkey. He has a wealth of extraordinary tales about some of the unusual projects Penarth Management has carried out.

His main interest outside work has always been music. His aim is to play some decent large organs and in the past year he has played at the Brangwyn Hall in Swansea, Hereford, Winchester, Lincoln Cathedrals, and many other notable large organs in London and elsewhere. He went to Rome to play in July 2008 and has some further plans for the next twelve months.

He is now able to spend more time with his family, and he and his wife Bron are often looking after grandchildren and helping with gardening and domestic duties for their family.

Our other long standing consultant was **George Munday**. Although



George enjoying his retirement

George retired from active work with clients some time ago, he has continued to be busy behind the scenes. He has been our internal auditor, keeping us all in order, and he regularly reviews all the reports from assessors issued to our clients. From this he can detect the trends in emphasis in the way assessments and surveillances are conducted. This is valuable information for our consultants and carries through to the advice we can give to our clients who are coming up for assessment.

George also has memories of some exciting times during his consultancy career, including being fogbound on an oil rig in the North Sea, and designing buoys for military target practice in Cardigan Bay.

George has also decided that the time has come to retire completely and we wish him well as a man of leisure.

Argentinean Adventure

World Challenge provides educational expeditions. Our Administrative Assistant, Beth, travelled to Argentina recently with 9 other pupils from Cardiff's Ysgol Bro Morgannwg.

Arriving in Buenos Aires they were hit by the difference in culture. The first weeks were spent in the north, trekking from Jujuy to Salta over 8 days which was the most challenging part of the expedition.

From Salta they caught a 36 hour bus to Gaiman, a Welsh village in Patagonia (where many of the first Welsh settlers built their homes over 130 years



ago). Beth was therefore able to utilise both Welsh and Spanish as she and her friends picked litter to improve the local environment.

In Argentina they experienced their first Argentinean steak, took salsa lessons, enjoyed white water rafting and an exhilarating zip-wire experience then went whale watching as well as helping local communities. Beth says that "it was an unforgettable journey".



Jodie Read



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and OHSAS18001:2007



Judi Starling



Tony Edwards



Lois Powell

Four main barriers to recycling

The Waste and Resources Action Programme (WRAP) has recently published a report on the main barriers which prevent people from recycling. Although the study looked at domestic recycling and was written for the benefit of local authorities, the findings are valid for any organisation trying to improve its recycling rate. Applying WRAP's findings to business leads to the following conclusions. There are four main barriers, best described as:



Jess Robinson

Physical - unsuitable containers, lack of storage space and unreliable collections leaving bins overflowing. This last lack of organisation is enough to discourage people from making the effort to segregate waste for recycling.



Laurence Richardson

Behavioural - not finding the time either to set up recycling arrangements, or to use them when they are available.

Ignorance - not knowing which materials to segregate for recycling.

Perceptual - many people, including some management teams, do not yet believe that recycling is of benefit to the environment.



Peter Robson

Any organisation looking to set up or improve its recycling performance could usefully examine whether any of the above could be holding things back. Penarth Management's experience can always be called upon.



Jenny Starling



Beth Powell



Bernard Tracey

ISO9001:2008 has been Published

The revised quality management Standard ISO9001:2008 does not introduce any new requirements but clarifies the 2000 version and strengthens the consistency with ISO14001:2004, the environmental Standard. Let us know if we can help you update your documentation.



Paul Good



Gerald Pritchard

BRC Global Standard - Food Safety Version 5

The BRC Global Standard - Food Safety (Version 5) is available. Changes include:

- Greater emphasis on senior management commitment to achieving an effective Quality Management System.
- Greater clarity and definition of the HACCP section as the cornerstone of a food safety management system.
- Expanded section on issues of major industry importance, such as allergens and site security.
- A more rigorous grading system linked to more frequent audits for poorly performing sites.
- Revision of product categories that focus on technology of food protection to clarify competence requirements of audits.



Karen McDonald



Sylvia Ellison



Wendy Clark



Patience Kumalo



Fred Dobb



Natasha Dobb